

BAKGAT 10KM

SATURDAY 11 OCTOBER 2025



Time

10km: 07:00 | 5km: 07:20



Bellville High School

cnr Feinauer Street & Old Paarl Rd, Bellville

web tickets

Entry Fees:

Junior: R65 / R105 + temp

Adult: R110 / R170 + temp

+ online entry admin fee

Online: Closes 8 October



Race card collections & manual entries:

Friday 10 October from 15:00 - 19:00 at

Bellville Athletic Club Clubhouse

Jack Muller Park, Frans Conradie Road, Boston.

Saturday, 11 October from 05:30 at Bellville

High School



5km Fun Run presented by Bellville High School. Enquiries: 021 948 1801 or bemarker@hsbellville.co.za.

Only on the day entries
for the 5km.



chairmanbak@gmail.com

Coca-Cola Peninsula Beverages



WESTERN PROVINCE ATHLETICS

10km Rules and Information:

- 1) The race is run according to the rules of ASA and WPA.
- 2) Participants must be 14 years of age or older on race day.
- 3) Race numbers (bibs) will not be issued. All registered athletes must wear two valid license numbers. Unregistered participants will need to purchase a Temporary License which must be worn on the front of the vest.
- 4) Temporary license holders, when registering, must complete and hand in the tear-off strip from the number in order to be eligible to complete.
- 5) Licensed athletes should wear club colours. Full club colours must be worn to qualify for team prizes. Temporary licensed athletes must run in clothing without advertising.
- 6) Age category tags must be worn (front and back) and visible for the entire race to be eligible for any category prize, including Juniors.
- 7) In 2025 Juniors are defined as anyone born in 2006 or later (Under the age of 20 at year end).
- 8) Entry cards must be in the athlete's possession during the race and handed in at the results board at the Finish.
- 9) Prize Giving will commence at 09:15. Lucky draw prizes up for grabs.
- 10) Please do no litter. Dispose of sachets and cups responsibly by using the boxes provided or carrying them to the Finish. Report offenders to the referees. #RunClean
- 11) The use of music players with headphones is not allowed and may result in disqualification.
- 12) Detailed rules are available on www.wpa.org.za or on request from the organisers or the WPA Office.
- 13) Wheelchair athletes must please contact the organisers timeously to discuss arrangements for their participation.
- 14) To qualify for team prizes, athletes must be SA citizens, wear full club colours and participate with a permanent license.
- 15) **DISCLAIMER:** Participants in this event do so at their own risk and release and discharge the organisers, sponsors, provincial and national athletics bodies and all persons assisting in staging the event from any responsibility, liability or cost relating to any injury, loss or damage of whatever nature, however caused, arising directly or indirectly from their participation in the event.

Race Specific Information:

- Cut off time is 2 hours
- Tog bag facilities will be available at own risk

Enquiries:

Ronel Connaway - 083 500 5649

Lee-Ann Whitehead - chairmanbak@gmail.com

Entries / Registration / Race Card Collections:

Online:

Closing date: **Midnight 8 October 2025**

<https://www.webtickets.co.za>

Friday 10 October between 15:00 - 19:00 at Bellville Athletic Clubhouse in Jack Muller Park.

Saturday 11 October between 05:30 - 6:45 at Bellville High School.

Entry Fee:

Licensed Athletes: R110 (Juniors R65)

Unlicensed Athletes: R170 (Juniors R105)

Medals:

10km Race - To the first 1 000 finishers.

Gold: First 10 Men & 10 Women

Silver: Next 80 finishers

Bronze: Up to 1 000 finishers

Route:

Flat route, run through Chrismar, Blommendal & Belair neighbourhoods.

Prizes: Men and Women

AGE	1st	2nd	3rd
Open	R750	R500	R400
Junior (14 - 19)	R400	R300	R250
40 - 49	R400	R300	R250
50 - 59	R400	R300	R250
60 - 69	R400	R300	R250
70+	R400	R300	R250
Open Team	R150 x 4		